

Teachable Moments Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Morning:</u> Cereal Bar Cereal Bar contains: Wheat, Milk, and Soy</p> <p><u>Afternoon:</u> Cream Cheese & Ritz Crackers Cream Cheese Contains: Milk Ritz Crackers contain: Wheat and Soy</p>	<p><u>Morning:</u> Waffle & Jam Waffles Contain:Egg, Milk, and Soy Jam Contains: Grapes</p> <p><u>Afternoon:</u> Cucumber & Pirate Booty Pirate Booty contains: Milk</p>	<p><u>Morning:</u> Cheerios & Banana</p> <p><u>Afternoon:</u> Strawberries, Apples, or Watermelon & Goldfish Goldfish contain: Wheat and Milk</p>	<p><u>Morning:</u> Waffle & Applesauce Waffles Contain:Egg, Milk, and Soy Applesauce contain: Apples</p> <p><u>Afternoon:</u> Yogurt & Graham Crackers Yogurt contains: Milk Graham Crackers contain: Milk, Wheat, and Soy</p>	<p><u>Morning:</u> Multi-Grain Cheerios & Banana</p> <p><u>Afternoon:</u> Applesauce & Veggie Straws Applesauce contains: Apples</p>

*** Whole Milk will be offered to our (Infant/Toddler classroom) and 2% will be offered to our (Toddler 1-Pre-K classrooms) and will be served with morning snack. Water will be served with lunch and afternoon snack. Please pack a thermos of milk if you would like your child to have milk with lunch. ***A variety of berries are served seasonally and 100% no sugar added frozen fruit pops or Frozen Go-Gurts are served occasionally during the summer. Please circle items you do not want your child to have. **Mark with an A if they are allergic. If you require additional ingredients information, please contact the office.**

Child's Name: _____

Parent Signature: _____ Date: _____