

## Teachable Moments Snack Menu

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p style="text-align: center;"><b><u>Morning:</u></b> Cereal Bar</p>             <p style="text-align: center;"><b><u>Afternoon:</u></b> Jam &amp; Ritz Crackers</p>	<p style="text-align: center;"><b><u>Morning:</u></b> Whole Wheat Bread &amp; Jam</p>             <p style="text-align: center;"><b><u>Afternoon:</u></b> Cucumber &amp; Pirate Booty</p>	<p style="text-align: center;"><b><u>Morning:</u></b> Cheerios &amp; Banana</p>             <p style="text-align: center;"><b><u>Afternoon:</u></b> Applesauce &amp; Veggie Straws</p>	<p style="text-align: center;"><b><u>Morning:</u></b> Whole Wheat Bread &amp; Jam</p>             <p style="text-align: center;"><b><u>Afternoon:</u></b> Yogurt &amp; Graham Crackers</p>	<p style="text-align: center;"><b><u>Morning:</u></b> Multi-Grain Cheerios &amp; Banana</p>             <p style="text-align: center;"><b><u>Afternoon:</u></b> Strawberries or Watermelon &amp; Goldfish</p>

\*\*\* Whole milk will be offered to our (Infant/Toddler classroom) and 2% Milk will be offered to our (Toddler 1-Pre-K classrooms) and will be served with morning snack. Water will be served with lunch and afternoon snack. Please pack a thermos of milk if you would like your child to have milk with lunch. \*\*\*A variety of berries are served seasonally and 100% no sugar added frozen fruit pops or Frozen Go-Gurts are served occasionally during the summer. Please circle items you do not want your child to have. **Mark with an A if they are allergic.**

Child's Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_