Teachable Moments Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Morning: Cereal Bar **Afternoon:** Jam & Ritz Crackers	**Morning:** Waffle & Jam **Afternoon:** Cucumber & Pirate Booty	**Morning:** Cheerios & Banana **Afternoon:** Strawberries, Apples, or Watermelon & Goldfish	**Morning:** Waffle & Applesauce **Afternoon:** Yogurt & Graham Crackers	**Morning:** Multi-Grain Cheerios & Banana **Afternoon:** Applesauce & Veggie Straws

*** Whole Milk will be offered to our (Infant/Toddler classroom) and 2% will be offered to our (Toddler, Preschool & Pre-K classrooms) and will be served with morning snack. Water will be served with lunch and afternoon snack. Please pack a thermos of milk if you would like your child to have milk with lunch. ***A variety of berries are served seasonally and 100% no sugar added frozen fruit pops or Frozen Go-Gurts are served occasionally during the summer. Please circle items you do not want your child to have.

Mark with an A if they are allergic.

Child's Name: _____

Parent Signature: _____ _____Date:_____